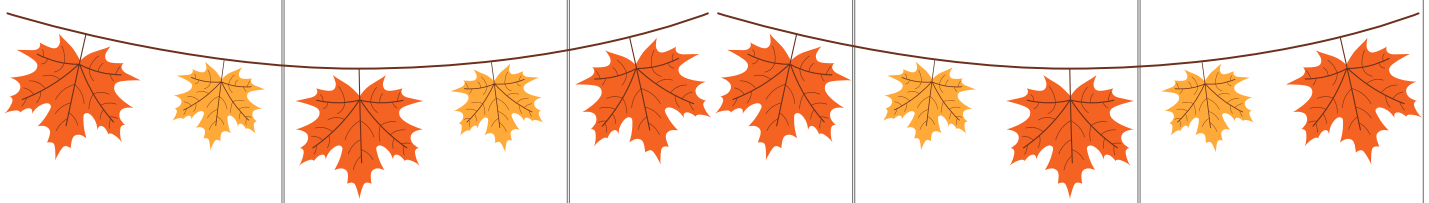
NOVEMBER 2026 GRATITUDE PROJECT

SUN	MON	TUE	WED	THU	FRI	SAT
1 ALL SAINTS SUNDAY Tour and enjoy Muskegon like a tourist	2 Psalm 69:30 I will praise God's name in song and glorify him with thanksgiving	3 Make yourself your favorite hot beverage today	4 What dream or desire of yours are you grateful for and why?	5 Recall a favorite memory that you're grateful for	6 What changes in your life are you grateful for?	7 Tell your loved ones why you love them
8 Write a list of 5 things you're grateful for that don't cost anything	9 Do a random act of kindness	10 Write a letter to at least one person you are giving thanks for this week	11 VETERAN'S DAY Thank a veteran for their service to our country	12 Volunteer to do an unpleasant task	13 List qualities you admire in others, then look for ways to develop those traits in yourself.	14 What is something that made you laugh this week?
15 Name one person who makes your life more exciting	16 Spend time with someone you care about today	17 Spend time in nature today and thank God for his creation	18 What is one good thing that you often take for granted?	19 What do you appreciate about yourself?	20 What made you smile today?	21 What is the best gift that you have ever received?
22 CHRIST THE KING Bring your items to the church in reusable shopping bags	23 What is something difficult you've experienced that helped you grow?	24 Think of someone who has made a difference in your life. Say a prayer of thanks for them.	25 What is one thing about your community that you're grateful for?	26 Happy Thanksgiving!	27 Find beauty in something ordinary today.	28 Give someone a genuine compliment today.
29 What is a family tradition you're especially thankful for?	30 How can you carry a spirit of gratitude into the Advent season?					

November 2026 Gratitude Project

Items Needed

- Feminine Pads
- Shampoo
- Conditioner
- Toilet Paper
- Detergent
- Fabric Softener
- Cleaning Products
- Deodorant
- Paper Towel
- Toothbrushes
- Body Wash
- Noodles
- Marinara Sauce
- Alfredo Sauce
- Canned Tomatoes
- Canned Tuna
- Canned Chicken
- Tuna Helper
- Chicken Helper
- Rice
- Boxed Potatoes
- Tuna Helper
- Chicken Helper
- Rice
- Boxed Potatoes
- Peanut Butter
- Jelly
- Soups
- Canned Beans (Kidney, black...)
- Canned Gravy
- Meals in a Box
- Mac & Cheese
- Pop Tarts
- Pancake Mix
- Syrup
- Oatmeal
- Canned Fruit
- Canned Stew
- Canned Chili

Many people in our communities continue to struggle with food insecurity. Please consider collecting the items listed to the left. Then bring them to the church in reusable shopping bags (available at all grocery stores), by **Sunday, November 22nd**. Look for the table by the church office to drop off your food bags.

We will be giving your donations to the Reeths-Puffer Schools so that the food and items may be given to area families in need of assistance.

Thank you for sharing your love and care with our community neighbors!